Appetizers

1) **Dal Shorba** *£4.25*
A curry-flavoured soup of Anglo-Indian origin. It is regarded as the national soup of India. (Lentils Soup)

2) **Wai Wai Soup** 🌶 *£4.25*
Nepalese style noodles soup with herbs & spices

3) **Papadum** (Plain or Spicy).....(each) *£0.80*
Wafer-thin crispy flat bread made with a combination of urid and rice flower

4) **Chutney Tray** *£2.00*

5) **Raita** (Cucumber or mix)..... *£2.25*

6) **Green Salad** (House Special mixed Salad) *£3.25*

Speciality Starters

7) **Momo** (Lamb or Chicken)🌶🌶 (Nepalese Speciality) *£5.95*
This is a traditional delicacy in Tibet, Nepal and Bhutan. Minced chicken or lamb filling in a crescent shaped and cooked by steaming over a soup. Served with potato and sesame sauce.

8) **Chilli Chicken**🌶🌶🌶 *£5.25*
Hot delicacy marinated tender batter fried chicken pieces cooked with diced onions, peppers, tomatoes, fresh garlic and green chillies. Then simmered in a Himalayan sauce. Rich in taste.

9) **Saloni Fish Tikka** (may contains bones)🌶 *£6.95*
Fresh salmon fillet marinated with yoghurt, lemon juice and Nepalese spices. Served in a specially prepared light sweet chilli sauce.

10) **Tareko Machha** (may contains bones)..... *£5.95*
Fish fillet marinated with Himalyan spices and herbs, then battered fried and served with salad.

11) **Chilli King Prawn**🌶🌶 (Nepalese Speciality) *£6.95*
Marinated king prawns pan fried with fresh green chillies, garlic and spring onions. One of the most popular Chef 's recipes.

12) **Garlic Mushroom**🌶🌶 *£4.95*
Lightly spiced mushroom pan fried with garlic & onions.

13) **Tandoori Lamb Chops**🌶🌶 (Nepalese Speciality) *£6.95*
Lamb chops served with tomato chutney.

14) **Nepali Sekuwa**🌶🌶 (Nepalese Speciality) *£5.95*
Succulent pieces of lamb marinated with homemade Nepalese spices and herbs and cooked in tandoori oven. Country style cooked Nepalese barbecued lamb.

15) **Pan Fried Vegetable Manchurian**..... *£4.95*
Crispy vegetable Pakoras, pan fried with a touch of garlic, ginger, spring onions, coriander with tamarind and balsamic reduction.

16) **Garlic Chicken Tikka**🌶🌶 (Nepalese Speciality) *£5.50*
Diced pieces of chicken breast marinated in Nepalese spices and herbs. Then mixed with fresh lemon juice, fresh garlic and fenugreek. Cooked in a tandoor. A true Nepalese speciality.

17) **Chicken Choila** 🌶🌶🌶 *£5.95*
Char-grilled tender pieces of chicken breast, marinated with fresh ginger, garlic and Himalayan spices "Mouth watering Nepalese appetiser".

18) **Wai Wai Sadeko** 🌶 £3.95
Nepalese Noodles with herbs & spices.

19) **Hara bhara Kabab** *£4.95*
Spinach pesto, Mash potatoes with Indian herbs coriander served with mint sauce.

20) **Chana Chat pot** 🌶🌶 *£4.95*
Chickpeas cooked Indian spices with sweet & sour sauce

21) **Aloo Cheese Tikki** *£4.95*
Deep fried mashed potato with traditional spices, Cheese, Green chilli, Coriander, Onion mixed with Corn and Gram flour.

22) **Chilli Paneer** 🌶🌶 *£5.95*
Cottage Cheese with green pepper chilli toasted with Indian spices

Traditional Starters

23) **Chicken Pakora** 🌶 *£4.25*
Strips of chicken delicately coated in gram flour batter with Indian herbs and spices then deep fried. A true classic. Highly recommended.

24) **Shahi Paneer Tikka** 🌶 *£5.25*
Cottage cheese marinated with Nepalese herbs and spices. Then cooked in tandoor.

25) **Prawn Puri** 🌶 *£4.95*
Prawns cooked with spices and served with deep fried bread "Puri"

26) **Samosa** (Meat or Vegetable)🌶 *£3.50*

27) **Onion Bhaji** 🌶 *£3.50*

28) **Mixed Kebab** (Seekh kebab, lamb tikka and chicken tikka)🌶 *£4.95*

29) **Chicken Tikka** 🌶 *£4.50*

30) **Seekh Kebab** 🌶 *£4.50*

Nepalese Speciality Main Dishes

31) **Gurkhali Special** (Choice of Chicken/ Lamb)🌶🌶 *£9.95*
Home style lamb or chicken, cooked with fresh garlic, green chillies. Then gently simmered in yoghurt with selection of Nepalese spices and herbs.

32) **Special stir fried Fish** (may contains bones)🌶🌶 *£10.95*
Marinated diced fillet of fish stir-fried with Nepalese spices and herbs with lemon juice and spring onions. One of the most popular fried fish from Kathmandu Nepal.

33) **Frontier** (Choice of Chicken/ Lamb)🌶🌶 *£9.95*
Cooked with chef's special onion tomato thick sauce in a wok, creating a mouth watering dish and aroma.

34) **Chhole Parikar** (Choice of Chicken/Lamb/Tiger Prawn/Vegetable/Paneer)🌶🌶🌶 *£9.95*
Country style Nepalese cooking with chickpeas, garlic, green chillies and herbs. Delicately flavoured with curry leaves and asafoetida.

35) **Himalyan Curry** (Choice of Chicken/Lamb/Tiger Prawn/Vegetable/Paneer)🌶🌶🌶 *£9.95*
Mouth watering pickled spices recipe garnished with slices of green chillies. Guaranteed to give the palate a savoury awakening.

36) **Sangam** (Choice of Chicken/Lamb/Tiger Prawn/Vegetable/Paneer)🌶🌶🌶 *£9.95*
Cooked in a spicy pickled sauce with spinach, vegetables, fresh herbs and native spices. A spicy but well balanced dish.

37) **Chhate Milan** (Choice of Chicken/Lamb/Tiger Prawn/Vegetable/Paneer)🌶 *£9.95*
A traditional Nepalese recipe with fusion of spicy including black peppers, lemon leaves and mushroom in coconut milk.

38) **Sherpa Chicken** 🌶🌶🌶 *£9.95*
A very popular Nepalese dish balanced with seventeen different herbs and spices.

39) **Royal Tawa** (Choice of Chicken /Lamb) 🌶🌶🌶 *£9.95*
Lamb or chicken cooked in a finely chopped fresh ginger, garlic, pepper and red chilli sauce and a touch of barha masala providing a host of subtle flavours. Garnished with roasted garlic flakes.

40) **Special mixed Tawa**🌶🌶 *£10.95*
A combination of barbecued lamb, chicken and king prawns with ginger, garlic and onion in a medium thick sauce.

41) **Lamb Bhutuwa** 🌶🌶 *£10.95*
Boneless lamb cooked with green herbs, spices and spring onions.

42) **Thakali Thali Set** (Choice of Chicken /Lamb)🌶🌶 *£14.95*
Thali is an authentic Nepalese platter consist of rice in the middle, dal, vegetables, spinach with Nepalese pickles, papadum, green salad & yoghurt.

Indian Speciality Dishes

43) **Murg Lababdar** *£9.50*
Barbecued chicken cooked with mild creamy sauce and touch of honey.

44) **Maska Chicken** 🌶 *£9.95*
Barbecued chicken cooked with minced lamb & spinach sauce.

45) **Karahi** (Choice of Chicken/Lamb/Tiger Prawn/Vegetable/Paneer)🌶🌶 *£9.25*
Cooked with garlic, ginger and garam masala, tomatoes, green peppers and fresh coriander.

46) **House Special Karahi** 🌶🌶 *£10.95*
Mixture of barbecued chicken, lamb, king prawn and sheekh kebab cooked with tomatoes, capsicum and fresh coriander in medium spices.

47) **Garlic Chilli** (Choice of Chicken/Lamb/Tiger Prawn/Vegetable/Paneer)🌶🌶🌶 *£9.50*
A exquisite South Indian dish. Cooked with onion, capsicum and tomato fresh garlic, ginger, green chillies and coriander leaves.

48) **Chicken Jalfrezi** 🌶🌶 *£8.95*
Tender chicken pieces cooked with peppers, onions, green chillies and special herbs.

49) **Chicken Tikka Masala** *£8.95*
Barbecued chicken cooked with butter, ground almond, fresh cream & chef 's special masala sauce.

50) **Special Mixed Balti** 🌶🌶 *£10.95*
Barbecued chicken, lamb and king prawn cooked in a large iron wok & served directly to the table.

Traditional Main Dishes

		Prawn / Chicken	Lamb	King Prawn
51)	**Korma**	*£8.95*	*£9.50*	*£12.95*
52)	**Balti** 🌶🌶	*£8.95*	*£9.50*	*£12.95*
53)	**Rogan Josh** 🌶	*£8.95*	*£9.50*	*£12.95*
54)	**Bhuna** 🌶	*£8.95*	*£9.50*	*£12.95*
55)	**Dhansak** 🌶🌶	*£8.95*	*£9.50*	*£12.95*
56)	**Madras** 🌶🌶	*£8.95*	*£9.50*	*£12.95*
57)	**Pasanda**	*£8.95*	*£9.50*	*£12.95*
58)	**Saagwala** 🌶	*£8.95*	*£9.50*	*£12.95*
59)	**Dupiaza** 🌶	*£8.95*	*£9.50*	*£12.95*
60)	**Pathia** 🌶🌶	*£8.95*	*£9.50*	*£12.95*

Chef' Specials

61) **Bharuwa Chara** *£11.95*
Stuffed chicken & spinach with Nepalese spices served with Basmati rice.

62) **King Prawn Bara** *£14.95*
Tandoori king prawns in tamarind, tomato & onion sauce, Indian spices served with rice & salad.

63) **Naram Chara** *£9.50*
Chicken cooked with traditional Nepalese herbs with ginger garlic paste & tomato sauce.

64) **Lamb Shank** *£14.95*
Slow cooked lamb shank on the bone with roasted potato & assortment of spices in our own blended sauce.

65) **Sea Bass Moiley** (may contains bones) *£12.95*
Fairly hot fried sea bass in coconut milk, curry leaves, mustard seeds & Indian spices.

66) **Gurkha MonkFish** (may contains bones) *£11.95*
Grilled Monkfish cooked with white sauces and coconut milk.

67) **Ginger Duck** *£11.95*
Succulent lean pieces of duck cooked with ginger selected herbs spices in our own blended sauces

68) **Butter Chicken** *£10.95*
Barbecued chicken breast cooked with butter, cream, blended cashew nuts, tomato & spices

Biryani Dishes (Served with vegetable curry or tarka dal or Raita)

69) **Vegetable Biryani** £9.25
Seasonal vegetables, basmati rice, cardamom, cinnamon, bay leaf, sultanas, roasted cashew nuts & saffron cooked together at low heat

70) **Chicken/ Chicken Tikka Biryani** ..... £9.95/£10.95
Chicken, basmati rice, cardamom, cinnamon, bay leaf, sultanas, roasted cashew nuts & saffron cooked together at low heat

71) **Lamb Biryani** £10.50
Lamb, basmati rice, cardamom, cinnamon, bay leaf, sultanas, roasted cashew nuts & saffron cooked together at low heat

72) **Special Biryani** *£12.95*
Chicken, lamb & prawns, basmati rice, cardamom, cinnamon, bay leaf, sultanas, roasted cashew nuts & saffron cooked together at low heat

73) **King Prawn biryani** *£13.95*
King prawn, basmati rice, cardamom, cinnamon, bay leaf, sultanas, roasted cashew nuts & saffron cooked together at low heat

Tandoori Dishes

74) **Tandoori King Prawn** (Served with Nan bread) *£14.95*

75) **Chicken Tikka** *£9.50*

76) **Tandoori Chicken** (Half) *£8.95*

77) **Chicken Shaslik** *£9.95*

78) **Panner Shashlik** *£9.95*
Specially marinated Panner shashlik cooked with mixed peppers, onions & tomatoes in a clay oven

79) **Tandoori Mixed Grill** *£15.95*
A selections of tandoori king prawn, lamb tikka, tandoori chicken, sheekh kebab and chicken tikka, served with nan bread

Vegetable Main Dishes

80) **Palak Kofta** *£9.25*
Infused cumin & spinach, cottage cheese dumpling stuffed with raisins & cashew nuts, served in a tomato gravy

81) **Maki Palak** *£7.95*
Sweet corn & spinach with fried onions, garlic & ginger, cooked in onion gravy

82) **Malai Kofta** *£9.25*
Mash potato & cottage cheese stuffed with raisins & cashew nut served with tomato gravy

83) **Saag Paneer** *£8.50*
Saag paneer is a classic Indian dish of cooked spinach studded with cubes of fried Paneer cheese

84) **Dal Makhani** *£8.50*
A combination of whole black lentils and red kidney beans cooked in very rich and creamy sauce with buttery tomato gravy and seasoned with asafoetida

Vegetable Dishes (As a main dish £7.50 • As a Side dish or starter £4.25)

ALL VEGETABLE DISHES (EXCL. PANEER AND RAITA) CAN BE MADE **VEGAN** UPON REQUEST

85) **Aloo Gobi** (Potatoes cooked with cauliflower)

86) **Aloo Simi** (Potatoes and green beans cooked in medium spicy – Nepalese style

87) **Bombay Aloo** (Spiced potatoes)

88) **Bhindi Bhaji** (Okra medium spicy, semi dry)

89) **Saag Bhaji**

90) **Saag Aloo**

91) **Mushroom Bhaji**

92) **Chana Masala** (Chickpeas cooked in medium spices with chopped onions)

93) **Tarka Daal** (Lentils cooked with garlic and spices)

Food Allergies & Intolerances
Please speak to our staff about the ingredient in our meal, when making your order

Kids Menu

94) **Scampi** (Served with chips) *£5.50*

95) **Chicken Nuggets and Chips** *£4.95*

96) **Chips** *£2.95*

Rice preparation

97) **Plain Nan** *£2.75*

98) **Pilau Rice** *£2.95*

99) **Mushroom Rice** *£3.10*

100) **Egg Fried Rice** *£3.50*

101) **Special Fried Rice** (Fried with egg and greenpeas) *£4.25*

102) **Keema Pilau Rice** (Fried with onion and mince meat) *£4.95*

103) **Kathmandu Rice** (Fried with garlic, green chilli and chicken) *£5.25*

Nan-Roti (Homemade Bread)

104) **Plain Nan** *£2.75*

105) **Keema Nan** (Bread stuffed with spiced mince meat) *£3.75*

106) **Peshwari Nan** (Bread stuffed with coconuts and seeds) *£3.50*

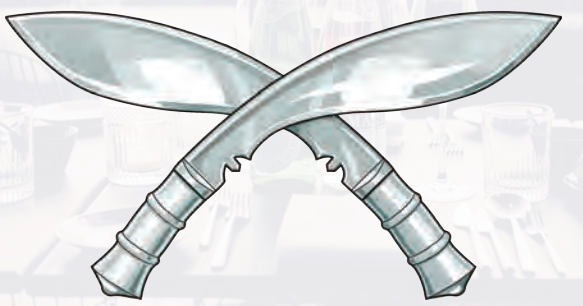
107) **Garlic Nan** *£3.10*

108) **Masala Kulchha** (Stuffed with marinated onions) *£3.95*

109) **Paratha** (Buttered and layered whole wheat bread) *£3.00*

110) **Tandoori Roti/Chapati** *£2.25*

111) **Cheese Nan** *£3.75*



GURKHA LOUNGE

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Menu

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